

Friday 10th October 2025

## Dear Parents and Carers,

Welcome to the first letter 'from Head to Home' - an opportunity for me to keep in touch with you for updates, news and to generally share some of the lovely things happening across our school community. With so much news being shared on Class Dojo on a daily basis, as well as with life being so busy, I decided to move away from a newsletter to a letter format that hopefully will have a nice, positive tone. I promise not to ramble on!

Today has been 'Hello Yellow Day' and there has definitely been a sunny glow around school. The teachers planned a range of activities including learning about mindful breathing techniques, talking about ways of sharing worries and designing some wellbeing posters and making our own well-being buddies. When asked the question, 'What is mental health?' Rudi (in Year 1) aptly replied, "It's when your head feels a bit wobbly"- we love this! Of course, our singing school culture really boosts our wellbeing, making us feel united and happy as we sing songs together. The song we sang this morning included the lyrics, "Ah...united we are strong...feel the power in our song...we can achieve our dreams...if together, we all believe." Hopefully, our pupils will always remember the songs we sing and keep them locked in their hearts.

A couple of weeks ago, Mr Bayles (our wonderful school groundsman) and I attended an event organised by Seaton Valley Council. We were very proud to receive the award of 'Best school gardening display' as a result of his efforts and commitment to developing and maintaining our beautiful school grounds. We received a certificate and lovely shrub for the grounds. Well done Mr Bayles and thank you for everything that you do within your role at our school.

It has been brilliant seeing some of our classes go out and about over the last few weeks, in the local area, to enrichen their learning. We are so lucky to be able to benefit from Seaton Sluice as a locality which is perfect for bringing our lessons to life. It was also wonderful to recently welcome our new Year 3 friends into our school from St Mary and St Anne's, in Newcastle. We will enjoy our return visit to their school in November when we will travel by train to their school. This is going to be so exciting.

I have also attached the 'Calendar of events' along with this letter. Events coming up include: Flu immunisations on Thursday 16th October and Parental Consultations taking place on Tuesday 21st and Wednesday 22nd October- we really look forward to catching up with you all and sharing how well your child is doing.

Well, that's about it for this letter! I hope you have a great weekend planned-speak soon! Best wishes.

Mrs Bennett

