# Seaton Valley SPORTS PREMIUM

# Newsletter Summer Term 2014 SPORTS PREMIUM SUCCESS

What a year is has been! This newsletter marks the end of the first year of Sports Premium Funding. Through this Government initiative, every school with primary aged pupils receives £8000, plus £5 per pupil, to support and develop PE and sporting

opportunities for all pupils.

This year the Seaton Valley Sports Partnership has arranged and supported 6 whole year group sports festivals, 156 hours of extra curricular coaching, 456 hours of specialist PE teacher support in curriculum PE lessons, 19 School Games level 2 competitions, 9 hours of elite coaching for 12 gifted and talented performers, provided 7 different professional development opportunities for teachers, and finally delivered 4 health and wellbeing programmes benefitting 437 pupils!

### Dribble, Dish, Swish



Eagles Community Foundation

Y2 pupils from New Hartley, Holywell and Seaton Sluice First Schools and Y3 pupils from Seghill First School participated in Newcastle Eagles Community Foundation's Dribble, Dish, Swish programme this term. Professional basketball coaches visited each school for 6 weeks and led children through a series of health

activities. Pupils learned about healthy eating, healthy choices, good sleep, hydration and physical activity. They were then able to complete the challenges and quizzes inside their Dribble, Dish, Swish log books. The coaches also led weekly basketball coaching sessions, where pupils were led through a series of basketball themed multi skill activities, which they could then continue to practice at school and at home.

To celebrate the end of the 6 week programme, all of the pupils joined together in a mass

basketball festival. The children rotated round shooting, passing and dribbling stations before completing their log books and being awarded their certificates. A Y2 pupil from Seaton Sluice said "I loved it when the coaches came into my school. It was fun answering the questions in my book". Another pupil added "The bit in the hall was the best. I was good at keeping the ball between my knees". A Seghill Y3 pupil said "I had never basketball before, but now I know it keeps you healthy".





#### SAINSBURY'S SCHOOL GAMES MARK

The Sainsbury's School Games Mark is a Government led awards scheme, to reward schools for their commitment to the development of competition across their school and into the community. The Seaton Valley Schools have been using Sports Premium funding to help them achieve the criteria for School Games Mark in a variety of ways. All of the Seaton Valley Schools have

held training sessions for young sports leaders; utilised community coaches to increase the number of pupils participating in extracurricular sport; developed link with local sports clubs; prepared pupils for school games competitions using specialist PE teachers and coaches, added additional intra school competitions; and provided support for pupils who are gifted and talented in PE. The following schools have already been

successful in their applications for the 2014 School Games Mark:

Seaton Sluice Middle School
- GOLD
Whytrig Middle School SILVER
Seaton Sluice First School SILVER





## Family Fun at Holywell

5 families at Holywell Village First School participated in a new Family Funs club throughout the summer term. The club was funded by the National Lottery Awards for All Scheme and was designed to encourage families to play and have fun together, whilst also developing their health, physical, personal and social skills. This was a unique club as mums, dads, brothers and sisters (and even some aunties and grandmas) all joined in together. Each week the children were challenges. One physical challenge such as balancing, throwing and catching, or moving in different ways; and one personal challenge such as doing things themselves, trying

hard and not giving up, or taking turns and sharing. The families worked on developing these skills within the sessions and at home and shared their progress each week. Parents were supported to get involved in the games and songs, provide positive encouragement to the children and to try new activities away from the group. The weekly sessions were themed, firstly space and then pirates, the result being that the families felt they were playing and having an exciting adventure, rather than being coached sports skills in the traditional way. One of the parents said "Family Funs is not what I expected, it's not just about exercise, it's fun! I've loved the games that the adults and



children play together, my kids have really looked forward to it". At the last session Ava (nursery) said "I have got better at standing on one leg, and all the different jumping. At home I have tried different things and now I get dressed all by myself!". Elliott (Y4) shared "I'm happy that I have got better at the skills. I don't get embarrassed as much when people talk to me now and I have been trying to play nicer with my little sister".

#### Yl Multi Skills Festival



Every Y1 pupil from Seghill, Seaton Sluice and Holywell Village First Schools took part in a half day multiskills festival held at Concordia Leisure

Centre. The children had the opportunity to try a variety of fun games and activities which required agility balance and coordination. There were obstacle courses, lots of unusual shaped obstacles to throw, catch and dribble in different ways, balance challenges and tag games. Sports Leaders ran each of the 12 activity stations and did a great job of encouraging and supporting the younger pupils. Some comments from the Y1 pupils: "I liked it when we played tag, and people had to pull our bibs out" "I liked the



ladders, they were fun!" "we thought jumping in and out of the hoops was the best and we learnt new things".

#### **Cramlington Cricket Club Host Y5 Festival**

Over 100 Year 5 children from Whytrig and Seaton Sluice Middle schools participated in a cricket skills festivals held at Sporting Club Cramlington. This was a fun festival led by coaches and sports leaders from Cramlington Cricket Club. Children had the opportunity to learn and develop cricket skills through a series of fun games

and activities. Many thanks to the volunteers from Cramlington CC for making this such a fantastic day!

"It was awesome" (Charlie) and "I liked playing against different schools and learning different skills" (Erin). "I enjoyed the fun games, and it was the first time I had played cricket". (Max)

Children from 8+ are invited to play cricket at Cramlington CC. They meet on a Tuesday, 6-7pm at Sporting Club, £3 per session.

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#### **Level 2 School Games Competitions**

Y3/4 and Y5/6 Rugby: Following on from practising their rubgy skills at school with Lee Carbutt, Rugby League coach from Astley High School, Seaton Sluice First School, New Hartley First School and Seghill First School entered the Y3/4 School Games Level 2 competition, and Seaton Sluice Middle and Whytrig Middle School the Y5/6 tournament. They competed against each other, schools from Cramlington. Both competitions were hosted by Astley High School, who did a fantastic job of organising, and provided a team of sports leaders who

did everything from refereeing, team managing, score keeping and providing refreshments.

In the Y3/4 competition, Seghill and New Hartley reached the final, with New Hartley the victors. It was an all Seaton Valley affair in the Y5/6 final as well, with Seaton Sluice edging victory over Whytrig Middle. Y3/4 and Y5/6 Athletics: More than 60 pupils from both Seaton Valley Middle Schools competed against all Cramlington **Primary** Schools in the y5/6 quadkids



athletics competition. participated pupils in standing long jump, 75m sprint, 600m run and howler throw, guided and officiated by specially trained sports leaders from Seaton Sluice Middle School, Seaton Sluice Middle were the overall winners. Pupils from Y3/4 completed the same 4 events and entered their scores online.

#### **Northumberland School Games**



Over 1500 young people from s c h o o l s a c r o s s Northumberland competed for the honour of becoming county champions in 32

different events at the Northumberland Sainsbury's School Games. Concordia Leisure Centre and the Sporting Club in Cramlington hosted two memorable days competition, which captured the real spirit of the festival, where the young competitors demonstrated team work, determination and passion to succeed. Seaton Valley Schools were well represented by Seaton Sluice Middle (8 teams), Whytrig Middle (4 teams),

Astley High, New Hartley First and Seaton Sluice First Schools. All of the teams did incredibly well with many brining home medals:

Seaton Sluice Middle
Y8 Boys' Basketball - Gold
Y5/6 Rugby - Silver
Y8 Girls Rugby - Silver
New Hartley First
Y3/4 Rugby - Bronze
Whytrig Middle
Y5/6 Girls' Football - Gold
Y5/6 Hockey - Silver
Astley High
Y10 Boys' Football - Gold
Seaton Sluice First
Y4 Football - SIlver

#### Coming up in the Autumn Term....

- Y4 Skipping Festival
- "Hoopstarz" Hulahooping experience days
- Y3 Hulahooping Festival
- Y5 Basketball coaching and Newcastle Eagles Hoops for Health competition
- · FA soccer skills coaching
- KS3 Rugby League coaching
- Extra curricular coaching

- Newcastle United Foundation Match Fit programme
- Newcastle United Premier League for Sport programme for KS1
- School Games Level 2 competitions Y5 girls' football, y5/6 boys' football, Y4 football, Y5/6 sportshall athletics
- Professional development opportunities for school staff - hulahooping, tag rugby, gymnastics, bupa start to move.