



## Newsletter Spring 2016

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### School Sport Partnership Update

Seaton Valley School Sport Partnership is funded by the Government's Primary PE and Sport Premium. This funding—provided jointly by the Departments for Education, Health and Culture, Media and Sport—is allocated to primary, first and middle school Headteachers, where the funding is ring-fenced and therefore can only be spent on the provision of PE and sport in schools. The 7 Seaton Valley first

and middle schools have pooled their money to achieve maximum impact and ensure pupils across Seaton Valley have similar opportunities.

We are now in the third year of the Sport Premium funding, the Seaton Valley SSP, and the programme continues to develop, with the aim of increasing the range of opportunities available to

children and ensuring that there is sustainability to leave a lasting legacy for the future.

In December 2015, with the publication of the Government's new strategy for sport and an active nation, it was announced that investment in the PE and Sport Premium funding will continue.



February 2016

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### Cramlington School Games Mark Success

School Games Mark is a national award to recognise and reward schools for their commitment to PE, school sport and the development of competition across their school.

2014-15 was the most successful year so far for the Seaton Valley Schools

**New Hartley FS:** Silver Award

(progressed from Bronze)

**Seghill FS:** Silver Award (progressed from Bronze Award)

**Seaton Sluice FS:** Gold Award (progressed from Silver Award)

**Holywell FS:** Gold Award (progressed from Silver Award)

**Whytrig MS:** Gold Award (progressed from Silver Award)

**Seaton Sluice MS:** Gold Award (maintained from previous year).

Nationally, less than 1 in 10 schools achieve the Gold Award, so it is outstanding that so many schools in our Partnership have been successful in reaching this level. Congratulations to all schools and thanks to everyone who has been involved in achieving these awards.



### Cramlington & Seaton Valley Sports Awards

With generous sponsorship from our friends at The Education Network, in November we held our first "Cramlington & Seaton Valley Sports Awards" night. This event was to share and celebrate the achievements of schools across both Partnerships.

The Awards ceremony was held at Cramlington Learning Village, where representatives from 14 schools were presented with their School Games Mark certificates. The School Games are sponsored nationally by Sainsburys, and the awards were presented by Diane Lawson and Jen Western, Manager of Cramlington Sainsburys.

In addition to celebrating the School Games Mark achievements of our schools, guests were also treated to a rousing welcome from Cramlington Caribbean Crew, and performances of skipping by **Seaton Sluice Middle School** and HulaHooping by Beaconhill Primary School.



Although schools were already aware of their School Games Mark awards, there were also presentations of 5 special awards throughout the evening, which the schools did not know about.



The special awards recognised outstanding progress and achievement in different areas of the School Games programme—Improving Health & Well-being, Excellence in Competition, Developing Leadership & Volunteering, Participation in PE & School Sport, and Promoting & Demonstrating the School Games Values.

Two of these awards were presented to Seaton Valley Schools: The award for Improving Health & Well-being was presented to **Seaton Sluice First School** in recognition of them placing improving health and wellbeing at the centre of their PE and school sport offer. Programmes specifically aimed at both increasing participation in physical activity as well as increasing understanding of the benefits of a healthy lifestyle were offered to all pupils in years 2, 3 and 4. They have trained and supported pupils to be at the centre of increasing activity with playground leaders delivering daily physical activity. They have also endeavoured to engage and support families, knowing that a holistic approach is crucial to achieving long term health benefits.

**Seaton Sluice Middle School** were presented with the award for Excellence in Competition, recognising that they have embraced the concept of appropriate competition for all pupils.

Every pupil has participated in intra-school competition with 19 sports offered. They entered all Level 2 School Games competitions available to them with multiple teams in 14 events. This approach not only led to huge numbers of pupils participating in competition, but also converted into success in winning five area competitions



and medalling in 2 events, including gold in the Y8 girls rugby at the Northumberland School Games finals. Outside of The School Games, Seaton Sluice Middle School also competed in football, netball, cricket, rugby league, cross country, basketball and skipping competitions and leagues.

Many thanks to The Education Network for providing such a fantastic event to enable Headteachers, school staff, governors and pupils to get together and celebrate all of the excellent work going on in our schools.

## Hoopstarz

All 5 first schools have been involved for a second year in the healthy Hula Hooping project led by KidzRfit. Every school hosted a "Hoopstarz Experience Day" for all pupils, where they enjoyed learning



new tricks and skills as well as playing fun games.

All Y3 pupils also attended a half day Hoopstarz Festival, held at Blyth Sports Centre. At the festivals they learnt more tricks and games, whilst making new friends from different schools.

In a bid to ensure that this valuable physical activity continues in the schools, training has been offered for staff and for

Y3 pupils to become playground "Hula Hoop Leaders".



McKenzie and Anna from Year 3 at **Holywell First School** have written this report about their training: Mr Dowson came into school to teach a selection of children in Year 3, how to be Play Leaders and how to use a Hula Hoop. First we learned what qualities a good Play Leader needs to have to be able to lead other children in a specific activity like hula hooping or playing a game. During the session we were taught five different games to play: Spots, Stuck in the Mud, Shower Tag, Zombie Tag also Farmers



and Rabbits. Once we had practised playing the games and we fully understood just what to do, we asked the children in Year One if we could teach them the games. We evaluated each other's performances so we could identify things we did well and things we could improve.

Over the next week, during break and lunch times, we showed different year groups how to use and play with the Hula Hoops using the leadership skills we had acquired from our leadership training.

## Y4 Racket Sports Festivals



In February, every Y4 pupil from all 5 Seaton Valley First Schools attended a racket sports festival at Blyth Sports Centre. The children were split into ten groups, mixing with pupils from all of the other schools. Before trying the ten different activities that had been set out for them the pupils were given three challenges. To

make friends with someone from a different school, to try something they had never done before, and to get better at a skill they could already do.

The activities which were all led by sports leaders from Whytrig Middle School were designed to improve pupils' agility and co-ordination and racket skills which will equip them to play tennis, badminton and squash in the future. They were also a lot of fun!

The Sports Leaders expertly demonstrated their organisation and communication skills, as well as developing their confidence and responsibility. They did a fantastic job and helped to ensure that there were plenty of smiles and that both

festivals ran without a hitch.

Pupils from **Seghill First School** were asked about the festival: "We have had a great time. It was a bit scary at first in the big hall with the children we didn't know. Then we started the activities and it was exciting and fun." "I got to try using the plusballs which are made from paper. It was a lot easier to hit them into the hoops." "I have played tennis before but now I can use both sides of my racket"



## Y5 Hoops4Health Basketball

Year 5 pupils from all 9 schools in Cramlington & Seaton Valley took part in the annual Newcastle Eagles Hoops4Health programme. Schools receive a Healthy Lifestyle Roadshow, delivered in school by Newcastle Eagles players and staff, and basketball coaching from Anthony Sampson of Newcastle Eagles Community Foundation, which enables them to enter the Cramlington & Seaton Valley area Hoops4Health Basketball competition. The Hoops4Health competition was held at Blyth Sports Centre in November, and saw 18 teams competing with great determination, teamwork and displays of great individual skill.



finals, with Burnside finishing in 2nd place

The competition format led to Burnside Primary and Northburn Primary as the two teams who would progress to play in the Northumberland Hoops4Health



overall for the County. **Whytrig Middle School** provided this report following their roadshow and coaching: We would like to say a big thank you to Esh Group Newcastle Eagles for visiting us to work with Key Stage 2. You would think that being the most successful team in BBL history (and the North East for that matter), winning all four competitions last season and sitting on top of the league with ten wins out of ten already this season, they might be a bit too busy to pop into our school. However not, as our children were thrilled to be visited by

five members of the Newcastle Eagles, which included three first teamers in forward Stuart Thomson (6), forward Darius Defoe (13) and point guard Rahmon Fletcher (44), as part of the Hoops 4 Health work that the Eagles do with North East Schools. After working in a carousel of activities with the children all afternoon Golden Tickets were handed out to each child to gain free entry to the match at Northumbria University Sport Central.





# Level 2 School Games Competitions



Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

**Level 1:** Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)

**Level 2:** Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley

**Level 3:** Northumberland School Games—winning teams from each level 2 competition go to the Northumberland multi-sport event and compete against other winning teams from across Northumberland to become County Champions.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: determination, passion, self-belief, respect, honesty and teamwork.

## Year 4 Football

Teams from **Seaton Sluice, New Hartley** and **Holywell** first schools took part in the Y4 football competition, held at Seaton Sluice Middle School, alongside 7 Cramlington teams. Seaton Sluice and Holywell were in the same group and finished 1st and 2nd. This meant they both went through to the semi-finals, which they won, and had to face each other again in the final. After a close match the eventual winners were Holywell Village First School, with Seaton Sluice in 2nd place and both New Hartley teams in joint 4th place. Well done to all the players. Thank you to the referees from Seaton Sluice Middle School.

## U11 & U13 Sportshall Athletics

**Whytrig** and **Seaton Sluice** Middle Schools took part in December's U11 & U13 Sportshall Athletics competitions at Blyth Sports Centre. Teams took part in a variety of track events, including the 1 lap sprint and over and under relay, as well as field events including speedbouncer and

standing long jump. In a closely fought competition, Seaton Sluice won the U11 event. Whytrig Middle won the Y8 girls competition with CLV taking the rest of the honours. Well done to athletes from all schools who took part.

## Indoor Rowing

Y7 and Y8 pupils from **Seaton Sluice** and **Whytrig** Middle School travelled to Cambois rowing club to compete in the County Indoor rowing finals. All competitors row for a set length of time with those covering the greatest distance winning. 2 pupils from Whytrig did exceptionally well and have qualified for the regional competition. Ebony Leach in 3rd place for the Y8 girls and David Easson finishing 4th in the Y7 boys' competition

## Y4 Gymnastics

Northern Gymnastics Club once again hosted the Y4 gymnastics competition with their club coaches judging the pupils' 2 prepared routines. Pupils also got to try floor and vault work with the help of Astley High School and CLV leaders. 8 teams competed, with Hareside Primary scoring the highest points total and finishing in first place.

## Health & Wellbeing



strategy for an Active Nation.

We have continued working with the Newcastle United Foundation on various projects to help schools ensure that pupils become physically confident in a way which supports their health and fitness and that all pupils lead healthy active lives.

**Whytrig Middle and Seaton Sluice First School** have offered a 6 week *Family Football* course for pupils along with their

Health and wellbeing continues to be high on the agenda in the new National Curriculum for PE as well as the Government's new

parent / carers. This program aims to help create stronger, healthier families by giving the skills and confidence to progress onto regular healthy living opportunities.



**Seaton Delaval** and **Seaton Sluice** First Schools as well as **Whytrig** Middle have completed a *Match Fit* course with their Y4 /Y6 pupils. This six week fitness, football

and nutrition course includes a classroom lessons followed by physical activity every week. Pupils improved their fitness as well as their knowledge about nutrition.

Newcastle United Foundation coaches have also been running and afterschool club at **Seaton Delaval First School**. This coaching compliments what the pupils have been learning with PE lessons. Basic skills such as agility, balance and co-ordination are taught through fun drills and games. The after school sessions are designed to inspire children of all abilities to participate and to continue leading active lifestyles outside of school.

## School News

**Seaton Sluice First** School have been getting on their bikes. Younger pupils took part in a *getting off your stabilizers* session with Dr Bike, later in the term there was a Bikers' Breakfast provided for those pupils who had cycled to school and in November Y4 pupils went on a bike ride.

Dr Bike also paid a visit to **Whytrig Middle** School in December to take a KS2 assembly on cycle safety and being seen especially throughout the dark winter months. He demonstrated ideas for bright clothing and showed how effective modern cycle lights are. Pupils were then given the challenge of coming into school with bright clothes on over their uniforms with cycle light pack prizes up for grabs.

**Seaton Sluice First, Seaton Sluice Middle** and **Whytrig Middle** School pupils were



able to watch the Tour of Britain as the Northumberland stage passed through the town heading towards the finish line in Blyth. This was a rare opportunity to see the world's best teams and their riders competing on our doorstep. A group of middle school pupils rode part of the route themselves before the professionals came whizzing past.

**Whytrig Middle School** were privileged to have former Olympic gymnast, Craig Heap, work with their sports leaders. After a series of workshops he then led an inspirational whole school assembly about making the

most of your opportunities and doing your best. This visit was part of the Sky Sports Living for sport project.



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## Dates for your Diary

### SPRING

Wednesday 24<sup>th</sup> February—TOP Games CPD, venue tbc

Wednesday 24<sup>th</sup> February – School Games Y5/6 Girls' Football and Y5 Boys' Football, 3.30-5.00pm, CLV

Thursday 25<sup>th</sup> February - KS3 & KS4 Level 3 School Games Badminton

Wednesday 2<sup>nd</sup> March - School Games Y7/8 Girls' and Y7 Boys' football, 3.30-5pm, CLV

Thursday 10<sup>th</sup> March—Y5 Skipping Festival, am, Blyth SC

Tuesday 15<sup>th</sup> March—TOP Gymnastics CPD, venue tbc

Wednesday 16<sup>th</sup> March – School Games Y6 Netball, 3.30-5.00pm, CLV

Thursday 17<sup>th</sup> March - School Games Y8 Netball, 3.30-5.00pm SSMS

Wednesday 23<sup>rd</sup> March – School Games Y5 Hockey, 3.30-5.00pm, CLV

### SUMMER

Wednesday 13<sup>th</sup> April - School Games Y6 Hockey, 3.30-5.00pm, CLV

Wednesday 20<sup>th</sup> April - School Games Y4 Golf, 09:30-11:45am, Arcott Hall Golf Club

Tuesday 26<sup>th</sup> April - Northumberland School Para Games, 10:00-14:00, Ashington Leisure Centre

Thursday 28<sup>th</sup> April - Y1 Multi Skills Festival, 10:00-11:10am, Blyth SC

Thursday 5<sup>th</sup> May - School Games Y7 & Y8 Volleyball, 3:30-4:45pm, WMS

Wednesday 18<sup>th</sup> May - School Games Y4 Rugby, 09:30-11:45, Astley High School

Wednesday 18<sup>th</sup> May - School Games Y6 Rugby, 12:20-14:45, Astley High School

Wednesday 25<sup>th</sup> May - School Games Y6 Athletics, 09:20-12:30 & 12:30-14:30, Northburn Sports Centre

Wednesday 8<sup>th</sup> June - School Games Y4 Tennis, 09:30-11:45, Alexandra Park

**Tuesday 21<sup>st</sup> & Wednesday 22<sup>nd</sup> June - Northumberland School Games Finals, Concordia LC and Cramlington Learning Village**

Thursday 30<sup>th</sup> June - Y2 Basketball Festival - 09:30-11:30, Blyth SC

## Community Links

### Seaton Valley Football Development Scheme



The Seaton Valley Football Development Scheme is a unique football coaching programme successfully delivered at Astley Community High School for over 15 years. Delivered by UEFA qualified coaching staff and attracting young players from Seaton Valley and beyond, former

students have gone on to play for local teams and at professional and international level. Hour long sessions for boys and girls aged 5-16 are available. Please contact Astley Community Reception by telephoning 0191 2371505 or emailing [community@astleyhigh.org](mailto:community@astleyhigh.org)

### Swimming Courses at Astley Community High School

Children can follow the ASA Learn to Swim pathway at Astley High School which supports them to develop swimming technique and awareness of water safety and personal survival. Information is available on the community pages of Astley High School's website. Here you can choose the most suitable sessions. Qualified swimming teachers can also assess



children's skills so that they can improve at a rate that is best for them.

### SUPPORTING SEATON VALLEY



The Education Network is a proud sponsor of the Northumberland School Games and many events taking place around Seaton Valley.

We will shortly be announcing an exciting **School Awards Event** through your school which will celebrate the very best teachers, pupils and achievements over the last year.

We have a dedicated team who work closely with local schools and provide outstanding teaching staff—both temporary and permanent—in local schools.

We are always looking for excellent teachers, classroom assistants and TAs to register with us. Please visit our website [www.theeducationnetwork.co.uk](http://www.theeducationnetwork.co.uk) or call our Cramlington office on 01670 737264 for more information.



**SEATON VALLEY  
SPORTS PREMIUM**