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## SPORTS PREMIUM FUNDING

All of the activities within this newsletter have been funded or part funded by the **PRIMARY PE & SPORT PREMIUM**. This funding is allocated to Head teachers of schools with primary aged pupils and is ring-fenced, which means it can only be spent on the provision of PE and sport in schools. The **SEATON VALLEY** first and middle schools have pooled their money to achieve maximum impact and to ensure pupils across Seaton Valley have similar opportunities. Our 3 focus areas are: **PHYSICAL EDUCATION**, **HEALTHY, ACTIVE LIFESTYLES** and **COMPETITIVE SCHOOL SPORT**.

### SEATON SLUICE PEER ACTIVATORS

20 Y7 and Y8 pupils from Seaton Sluice Middle School have been trained as Peer Activators and challenged with increasing participation in physical activity for Y5 and Y6 pupils. During the training pupils learnt about the benefits of physical activity, and explored the reasons why some children are inactive. They worked to develop leadership, team work and communication skills so that they could be effective club organisers. The peer activators split into groups and planned and prepared new sports clubs which they would launch to younger pupils. The groups presented their ideas to their PE teacher and headteacher before leading assemblies. There are now 3 new clubs which meet weekly - dodgeball, hulaHooping and table tennis (making use of the new outdoor tables). More than 30 KS2 pupils have been regularly attending. All of the peer activators have taken their role seriously and have developed excellent lifeskills which will serve them well both at school and in the future. This project was part funded by Awards for All.



LOTTERY FUNDED

### SCHOOL SPORTS CLUBS

All of the Seaton Valley Schools have been using Sports Premium funding to increase participation in extra curricular sports activities and to broaden the range of activities offered. Seghill, New Hartley and Seaton Delaval First schools have all offered judo. Pupils from Whytrig have tried handball and tcooukball. Gymnastics and Parkour have been very popular at Seaton Sluice Middle. Seaton Sluice First school ran a multi sports club so that pupils could experience lots of different activities. Overall we have seen a big increase in the number of pupils taking part and there are fewer pupils who attend no clubs.



# MULTI SKILLS ACADEMY

16 Pupils from Y4 or Y3 in all five first schools, identified by their teachers as showing potential in PE, completed a range of tests to evaluate their physical literacy (agility, balance, co-ordination) as well as their strength and coachability. 4 pupils from each school were identified as talented and were selected to attend the Partnership Multi Skills Academy. This took place over 4 weeks and rotated around schools in the Partnership. Pupils

completed tasks and drills designed to improve their core strength, co-ordination, agility, reaction time, accuracy and balance. Jessica, Carli, Aaron and Owen from **SEATON DELAVAL FIRST SCHOOL** said "The testing was quite hard but we were happy because they chose us. We had help to get better at things like hurdles, jumping, throwing and catching. We found out different things that we are good at, like Owen was really good at tennis. It was fun to visit all the different schools and make friends with the other children in the academy. Our favourite bits were playing dodgeball, using the reacta balls and playing tennis. We would tell next year's pupils that the multi skills academy is great fun and you will learn loads of new things". At the end of the 4 weeks the pupils were re-tested and all 20 had made an improvement from their initial testing.

## HULA HOOP LEADERS

Following on from the success of the hula hoop experience days held in the autumn term, schools wanted to support and encourage pupils to keep up their hula hooping activity. Groups of pupils in all of the first schools had a day of training to become hula hoop leaders. The children had to create a name for their group and chose jobs including selecting project managers. They learnt about leading safe activities, what makes a good leader and the benefits of physical activity. They went on to create a rota for hula hooping activity, design the content and structure of their clubs and agree what the rules would be. The children thought about how to promote their clubs and made posters or videos to show in assembly. At the end of the day they had to present their proposals to the headteacher or deputy head for approval - Dragons Den style! The leaders did a fantastic job and there are hundreds of children hula hooping in Seaton Valley every day thanks to them. They have shown enormous improvements in their leadership, communication and organisational skills. Their confidence has increased and they have flourished with the responsibility given to them.



**SHAPE**  
SPORT • HEALTH • AND • PHYSICAL EDUCATION  
**PERFORMANCE**



## Y5 SKIPPING

In March, over 250 pupils from across Cramlington & Seaton Valley gathered at Blyth Sports Centre for the 8th Annual Y5 Skipping Festival, led by Skipping School. Pupils represented their school in individual, pair and group skipping skills, such as the crossover, pretzel, butterfly, and keep the pot boiling. Each class or team had also prepared a skip-dance routine, performed to music. The

level of these routines continues to improve year on year, with skills and tricks that wowed the audience. There was even double-dutch, press-ups inside the long rope and some throw and catch whilst bouncing! Schools were scored for their individual and group competitions, as well as their class skip-dance routine. Seaton Sluice Middle School took the most hotly contested gold for the skip-dance, as well as boys pretzel and keep the pot boiling. Whytrig came home with silver in the skip dance, girls cross over, boys pretzel and side swing. Northburn Primary were declared the overall winners, much to their excitement as they were the first school to be presented with the new

Y5 Skipping trophy. This annual event is a real favourite, requiring many hours of preparation beforehand at school, and often prompting lots of increased physical activity in school playgrounds.

## Y2 MULTI SKILLS FESTIVAL

Y2 pupils from Holywell, Seghill, Seaton Sluice and Seaton Delaval First schools took part in a multi skills festival at Blyth Sports Centre. Sports Leaders from **WHYTRIG MIDDLE SCHOOL** ran 12 different activity stations which were designed to let the Y2 pupils experience different ways of moving, with and without an object, a variety of balances, creative thinking and of course, fun physical activity. The leaders did a fantastic job, and their enthusiasm rubbed off on the Y2 pupils creating an exciting and energetic environment. Pupils from **SEGHILL FIRST SCHOOL** were asked about their festival: "It's really massive here and there is loads for us to try." "It's very good, I like the catching games and I've got better at throwing at the targets." "It's great!" "Wow, its so fun. It was fun moving with all the different balls." "The leaders are amazing and really friendly. They are good at teaching us new games to play"

SKIPPING  
SCHOOL



# SCHOOL GAMES COMPETITIONS



**FOOTBALL** - Over 150 pupils from across Cramlington & Seaton Valley competed in the 2015 School Games level 2 football competitions. Teams enjoyed the superb facilities at Cramlington Learning Village, and with a large crowd gathered, there was a definite feel that this was going to be competition at the highest level. In the girls' Y5/6 competition 5 schools were represented, and for many of the girls this was their first experience of competitive football. This however did not show on the pitch; there must have been a tremendous amount of coaching and training as the level of skill on show was very high. Team spirit was fantastic, and it was obvious how much the girls were enjoying the evening of football. **CRAGSIDE** Primary School emerged as clear winners, managing to complete their 4 matches unbeaten and scoring an impressive 11 goals. The Y5 boys competition was intense; all of the teams were determined to do their best and were passionate about the game. Pleasantly though, the boys showed a fantastic attitude, respecting the referees who were pupils from Cramlington Learning Village and their opponents. Seaton Sluice and Northburn dominated, both winning all their games without conceding a single goal. This led to what can only be described as an electric final. There were near misses, fantastic saves, and the goal posts getting in the way of 3 goals. Both teams played well together, always looking for passing opportunities, and being as good in defence as in attack. With the atmosphere in the crowd reaching its peak the game was still goalless after extra time and had to be decided in a penalty shoot out. Even this went 4 rounds, with the penalty takers and goalkeepers demonstrating self belief and nerves of steel. **NORTHBURN** were the eventual winners and showed great compassion for Seaton Sluice Middle School, knowing how it must feel to lose in this way. The Y7/8 boys and girls competitions were a three way play off between Seaton Sluice, Whytrig and Cramlington Learning Village. **WHYTRIG** girls were undefeated in winning their competition, whilst in the boys' tournament **CRAMLINGTON LEARNING VILLAGE** were victorious. Huge congratulations go to all of the participating teams, and especially to the winning schools who will now go on to represent our area at the Northumberland School Games in June. **HOCKEY** - So many teams entered the School Games level 2 hockey that the Y5 and Y6 competitions had to be split and held on separate nights. Such is the enthusiasm for the School Games that many schools entered A, B and C teams. Quicksticks hockey which is played 4v4 on a small court is fast and furious with end to end action and lots of goals scored. For almost all of the pupils this was their first competitive experience of hockey, although that wasn't reflected in the skill level or commitment of the players. **NORTHBURN** Primary won the Y5 competition and **WHYTRIG** Middle School won the Y6. Thanks must go to the accompanying staff, spectators and officials and to Cramlington Learning Village for hosting



# SCHOOL GAMES COMPETITIONS



**GYMNASTICS** - The gymnastics competition was held at Northern Gymnastics Club. This year saw entries from Seghill, Holywell and Seaton Sluice First Schools as well as the Cramlington Primary schools, with many children competing in their first ever gymnastics competition. Pupils had to perform two pre-prepared routines, on which they were scored by judges from the gymnastics club, and they also had chance to experience different gymnastics activities using the equipment within the gymnastics centre. Craggs Primary School pipped last year's winners Hareside to the first place position. **SEATON SLUICE FIRST SCHOOL** gave this report:

Budding gymnasts from Seaton Sluice scooped third place at a regional competition last week. Six children from Year 4 attended the gymnastics competition at Northern Gymnastics Club in Cramlington. The pupils had the opportunity to try out various gymnastic equipment, including the vault and the beam. They also demonstrated two routines to a panel of judges before being awarded third prize. Ruby, who took part in the competition, said:

"Getting third place was a big improvement on last year when we only came seventh place."

"We were really pleased to come third as we have all worked extra hard to improve our routines."

**NETBALL** - Seaton Valley schools dominated in the School Games netball competitions with **WHYTING** winning the Y6 competition and **SEATON SLUICE** Y8 girls winning theirs. The girls (and boys in the Y6 competition) demonstrated a great attitude and all matches were played in a friendly but competitive spirit. As both schools had entered A and B teams there were a few matches where children were playing against their class mates. This only added to the excitement though. The success of the Seaton Valley teams can only be put down to the excellent coaching they have received. Both schools run weekly after school clubs in netball which gives the girls lots of practice. They have also entered the schools' league and have played many more matches this year.

This has been a very successful year so far for Seaton Valley Schools competing in School Games competitions, and we look forward to so many of our teams being able to experience the Northumberland School Games Finals, which is a huge, inspirational, multi-sport event seeing the best teams from across Northumberland competing to be county champions. **GOOD LUCK!!** In the summer term tennis, athletics, rugby and volleyball titles are up for grabs!

## RUGBY LEAGUE COACHING & COMPETITIONS



Sports Premium funding has been used to enable Lee Carbutt, Rugby League Coach from Astley High School to continue providing coaching and support in Whytrig and Seaton Sluice Middle Schools. In the Autumn term KS3 boys received weekly coaching within PE lessons, and Lee also ran an afterschool club for boys in both schools. These were very popular with over 50 boys taking part, some of who

were attending a school sports club for the first time. Since Christmas the focus has changed to girls' coaching both within the curriculum and after school clubs. Lee provided the following report on the Rugby League Champion Schools Competitions which both schools entered boys and girls teams into:

It was the girls who had the most success in the RL Champion Schools competitions, with Seaton Sluice Y8s reaching the North East Regional Final. The Y7 girls had performed excellently with both Seaton Sluice and Whytrig beating all local opponents to reach regional finals day. Whytrig played the first Semi Final vs. Venerable Bede and came out on top 6 try's to 2. It was then Seaton Sluice who stepped up to play Whitburn who were strong favourites after finishing number 1 seed from the South of Tyne. Sluice went behind to an early try but responded very well to go 3-1 up with about 5mins to go. Whitburn hit back to give themselves a glimmer of hope, however a late try to Sluice finished off Whitburn, giving Sluice a 4-3 win. This meant it was an all Seaton Valley final. Whytrig who are still unbeaten in all competitions came out on top with a 5 try's to 1 victory over their local rivals. Unfortunately for the boys both schools Y7 and Y8 teams were knocked out in the local rounds.

**WHYTRIG MIDDLE SCHOOL** have also written about their rugby league success:

Our Under 12 Girls (Year 7) Rugby League team became Regional Champions on Tuesday night with two fantastic victories at Newcastle Falcon's Kingston Park Ground. In glorious sunshine, the girls started off with a comfortable 30-5 victory over Venerable Bede School, Sunderland. After watching a tight semi-final in which Seaton Sluice Middle School defeated Whitburn, the girls knew that another good performance in the final over our local rivals would see them go through to the National Finals in May. The girls saved their best game for last, defeating our neighbours 35-5 in the final, the highlight being Ebony's 80 metre run to score a try and Brooke Wilkie being awarded player of the tournament. This brilliant set of results means that our girls will now compete in the RFL Champion Schools National Finals in Leeds on May 12th. Put into context, our girls team of 11 is selected from 17 girls in the whole year group. Other schools in the competition have 150 to choose from! We are all so extremely proud of our team and we wish them good luck in the **NATIONAL FINALS**.

# NEWCASTLE UNITED FOUNDATION



We were lucky enough to work with the Newcastle United Foundation on three projects in the Spring Term.

**TOON TIMES** - KS2 pupils from Whytrig Middle School were treated to history lessons with a difference; the history of the Toon and their players. Pupils explored some local history with a football spin. Different styles of kit were modelled and the original red and white kit caused some dismay from supporters! Fans' dress, flat caps and home knitted scarves, suede boots with wooden soles and studs nailed into the bottom and footballs from the past left pupils amazed. A presentation of photographs showed pupils the glory days when silverware was the norm at St James' Park. Altogether it was a very interesting and enjoyable experience.

**Y7 ENTERPRISE DAY** - In January both Whytrig and Seaton Sluice Middle Schools welcomed the Newcastle United Foundation to work with all Y7 pupils for a day on an enterprise project. This included analysing the business needs of a football club like Newcastle United, sponsorship, finances, investment and corporate image. Pupils worked in small groups throughout the day to create a pitch outlining a new business venture which could be a potential sponsor of Newcastle United. These were then presented to the Newcastle United Foundation staff who chose 2 groups from each school to go on to the Regional Enterprise Final which will take place at St James' Park in July. Well done to all of the pupils who made an excellent impression, with their outstanding behaviour and enthusiasm. When asked about the day Ellie from Whytrig said "It was really fun and interesting".

**FAMILY FOOTBALL** - Holywell and Seaton Sluice First School also benefited from the work of the Newcastle United Foundation when this term their coaches led weekly family football sessions. Unlike other school clubs, mums, dads, grandmas and granddads were encouraged to participate alongside the children whose sibling were also welcome. The weekly sessions were made up of 45 minutes of classroom based learning followed by 45 minutes of football coaching. Families learnt about staying safe, leading a fit and healthy lifestyle, as well as skills such as communication, teamwork and leadership. Families were also offered tickets to Newcastle United Games and a tour of the Stadium. Participants from Seaton Sluice First School said: "It's the first time I've got involved in a club with the kids." "I love playing with my Grandad and scoring goals." "It's been a fantastic way of teaching my boys about being healthy and I feel great that I've got stuck in too!" "It's so cool that Newcastle United coaches have come to our school, and I've got to play with my Dad and brother."

Seghill and Seaton Delaval First Schools will run the programme in the Summer Term.

# GET INVOLVED AT ASTLEY COMMUNITY HIGH SCHOOL

There are lots of opportunities for you to get active at

Astley! **SWIMMING** - Swimming courses are available for children and adults of all ages and abilities. Children follow the ASA Learn to Swim Pathway which supports children to develop their swimming technique and awareness of water safety and personal survival. **FOOTBALL**

**DEVELOPMENT** - The Seaton Valley Football Development Scheme is a unique football coaching programme successfully delivered at Astley Community High School for over 15 years. Delivered by UEFA qualified coaching staff and attracting young players from Seaton Valley and beyond, former students have gone on to play for local teams and at professional and international level. **HOLIDAY SPORTS CAMP** - Sports camps run during the school holidays and are suitable for boys and girls aged 6-13. Activities include rugby, football, swimming, dodgeball, cricket, hockey and many more - not forgetting the famous water fight.

For more information on any of these activities or to book please contact Community Reception by telephoning **0191 2371505** or by emailing **community@astleyhigh.org**

## A WEEK IN THE LIFE OF HOLYWELL FIRST SCHOOL

Y4 pupils from Holywell wanted to share the activities their school has been offering this term: The lucky pupils in Y3 & Y4 have taken part in multi-skills club on a **Monday** where they've played a vast range of sports such as basketball, netball, dodgeball and games. **Tuesday** evening is Zumba night where children from both Key Stage 1&2 have learnt fast paced dance routines to pop songs. **Wednesday**, is a gymnastic club for Ys 2, 3&4 which is ran by a lovely coach from Premier Sport. This is a very popular club as the children use the large apparatus and work towards their gymnastic badges. On **Thursdays**, Newcastle United Foundation have hosted a family session where both parents/carers and children join in with the football themed activities. Half the group do a practical football session in the hall whilst the other group do some healthy eating work in the computer room. It has been great fun and everyone has enjoyed joining in the six sessions. Finally on **Friday**, Y1 children have had the opportunity to join in a gymnastics club where they have produced sequences using the small apparatus and worked towards their gymnastic badges. All of these clubs have been a huge success and the children have enjoyed attending them. The children in Reception are looking forward to their gymnastic club which is starting after Easter.



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